

## 5 MINUTE LESSONS ON THE KINGDOM OF GOD

# Something Personal, Not Just a Theory!

Have you ever watched a movie and then had crazy dreams that night? Have you ever watched something on the internet that you shouldn't and then had bad dreams that evening?

Jesus gave us a principle,

*<sup>34</sup>Your eye is the lamp of your body; when your eye (your conscience) is sound and fulfilling its office, your whole body is full of light; but when it is not sound and is not fulfilling its office, your body is full of darkness.  
<sup>35</sup>Be careful, therefore, that the light that is in you is not darkness.”*  
(Luke 11:34-35 Amplified Bible)

I was on a train traveling in England. I knew I had about an hour before I would reach my destination. I decided to deliberately concentrate on the Lord in prayer before I reached my destination. I sure am glad I did, because the devil was waiting for me at the end of that train ride. When I arrived, some friends I was staying with picked me up at the station. They had a lady with them that was having a spiritual conflict. When we arrived at their home, the devil immediately manifested in this woman and the battle was on. I remember seeing my friend's faces as they saw the devil tossing this woman around their living room. The battle went on for a time, and then it was over. Good had overcome evil (Romans 12:21) and the room was now filled with love (1 John 4:18).

The Bible admonishes us to,

*“Set your affection on things above, not on things on the earth.”*  
(Colossians 3:2)

*“Therefore, put to death whatever in you is worldly: sexual immorality, impurity, lust, evil desire, and greed, which is idolatry.”*  
(Colossians 3:5 Holman Christian Standard Bible)

I have seen the Spirit overcome sin (Romans 8:13) because I did my part to set my mind on Christ. That victory over sin was just as miraculous as the deliverance from demons that I saw that day (Mark 16:17).

We have to deliberately set our mind and affection on Christ each day. Jesus said,

*"...If any of you wants to be my follower, you must turn from your selfish ways, take up your cross daily, and follow me."* (Luke 9:23 New Living Translation)

We must prepare our hearts for the battle ahead of us (Ephesians 6:10-18). If you do, you will see the miraculous. Miracles come in small ways and in big ways, but it's always an adventure with Him (Philippians 4:13).

*"Call unto me, and I will answer thee, and shew thee great and mighty things, which thou knowest not."* (Jeremiah 33:3)

## Questions

- 1** If we set our minds on the things of this earth, what can happen?
- 2** We have to deliberately set our mind and affection on Christ each day.  
True or False
- 3** We must prepare our hearts for the battle ahead of us.  
True or False
- 4** Are you following the Master today?

### **We want to hear from you!**

We would love to hear your feedback on these lessons and how you use them in your own study or in discipling others. If you have any thoughts, stories, testimonies, comments, or questions we would love to hear them!

**[delessons.org/contact](https://delessons.org/contact)**

## Answer Key

**1** If we set our minds on the things of this earth, what can happen?

**Worldly things like: “sexual immorality, impurity, lust, evil desire, and greed, which is idolatry” can take over (Colossians 3:5 Holman Christian Standard Bible).**

**2** We have to deliberately set our mind and affection on Christ each day.

**True**

**Jesus said, “...‘If any of you wants to be my follower, you must turn from your selfish ways, take up your cross daily, and follow me.’” (Luke 9:23 New Living Translation)**

**3** We must prepare our hearts for the battle ahead of us.

**True**

**“<sup>10</sup>Finally, be strong in the Lord and in his great power. <sup>11</sup>Put on the full armor of God so that you can fight against the devil’s evil tricks. <sup>12</sup>Our fight is not against people on earth but against the rulers and authorities and the powers of this world’s darkness, against the spiritual powers of evil in the heavenly world. <sup>13</sup>That is why you need to put on God’s full armor. Then on the day of evil you will be able to stand strong. And when you have finished the whole fight, you will still be standing. <sup>14</sup>So stand strong, with the belt of truth tied around your waist and the protection of right living on your chest. <sup>15</sup>On your feet wear the Good News of peace to help you stand strong. <sup>16</sup>And also use the shield of faith with which you can stop all the burning arrows of the Evil One. <sup>17</sup>Accept God’s salvation as your helmet, and take the sword of the Spirit, which is the word of God. <sup>18</sup>Pray in the Spirit at all times with all kinds of prayers, asking for everything you need. To do this you must always be ready and never give up. Always pray for all God’s people.” (Ephesians 6:10-18 New Century Version)**

**4** Are you following the Master today?