



## 5 MINUTE LESSONS ON THE KINGDOM OF GOD

# Jesus Is the Manna From Heaven

By Pastor Trey Dickerson

What is it? This was the question the children of Israel asked when they saw the “bread from heaven” that God supernaturally provided for them. And I believe this is a question that we need to answer today — What is Manna?

Now some might not realize this, but manna was actually a spiritual substance. We know this from Psalm 78:23-25.

*“<sup>23</sup>But he gave a command to the clouds above  
and opened the doors of heaven.*

*<sup>24</sup>He rained manna down on them to eat;  
he gave them grain from heaven.*

*<sup>25</sup>So they ate the bread of angels.  
He sent them all the food they could eat.”*

(Psalm 78:23-25 New Century Version)

The Scriptures reveal to us that manna came from heaven and angel's apparently ate it. However, manna was a physical manifestation of this spiritual substance because the children of Israel were able to consume it as well. This is why I see manna as a type and shadow of that spiritual substance we can partake of out of this physically manifested Book we call the Bible. Yes, manna is a type of the spirit and life that we can gather from the Word of God.

We know that Jesus described Himself as the bread that came from heaven — the bread of life (John 6:35) — but we also know that Jesus is the Word (John 1:1, 14). So, to gather manna is to receive the revelation of Jesus Christ from the Scriptures that speak of Him (Luke 24:44-45). This is why one of the first keys to getting the life out of the Scriptures is to base our studies on HIM. Yes, as Christianity is not a religion but a relationship, all our revelation is to be based upon relationship with Christ. Therefore, we are not just trying to learn verses, doctrine, etc. We are simply using the Scriptures to learn more about HIM and gain insight into His ways. So when we base our studies of the Bible on relationship, we are positioned to see what God wants us to see in the Scriptures. Also, when we include our relationship with Him into our studies and fellowship with Him as we read, study, and meditate in His Word, we are even more in a position to know Him through His Word.

Look to God which is behind his Word, and is his Word. Ask the Holy Spirit to show you Jesus (John 5:39; 15:26).

*“<sup>1</sup>In the beginning there was the Word. The Word was with God, and the Word was God. <sup>14</sup>The Word became a human and lived among us. We saw his glory — the glory that belongs to the only Son of the Father — and he was full of grace and truth.”* (John 1:1, 14 New Century Version)

## Questions

**1** Who is the master author of the Bible?

### **We want to hear from you!**

We would love to hear your feedback on these lessons and how you use them in your own study or in discipling others. If you have any thoughts, stories, testimonies, comments, or questions we would love to hear them!

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## Answer Key

**1** Who is the master author of the Bible?

***“The whole Bible was given to us by inspiration from God and is useful to teach us what is true and to make us realize what is wrong in our lives; it straightens us out and helps us do what is right.”***

**(2 Timothy 3:16 The Living Bible)**